

HOW TO PRAY THE ROSARY



1. Make the Sign of the Cross and say the "Apostles Creed".
2. Say the "Our Father".
3. Say three "Hail Marys".
4. Say the "Glory be to the Father".
5. Announce the first mystery; then say the "Our Father".
6. Say ten "Hail Marys", while meditating on the mystery.
7. Say the Glory be to the Father and the "Fatima Prayer".
8. Announce the second mystery; then say the "Our Father".
9. Repeat 6 and 7, and continue with third, fourth, and fifth mysteries in the same manner.
10. Say the "Hail Holy Queen".
11. Say the "Prayer After the Rosary".

TRADITIONAL ROSARY MEDITATIONS

The Joyful Mysteries

(Said on Mondays and the Sundays from 1st Sun of Advent until Lent)

1. The Annunciation- Luke 1:26-38
2. The Visitation- Luke 1:39-53
3. The Birth of our Lord Jesus Christ- Luke 2:6-19
4. The Presentation of Jesus in the Temple- Lk 2:22-40
5. The Finding of Jesus in the Temple- Luke 2:41-52

The Luminous Mysteries

(On Thursdays)

1. The Baptism of Our Lord in the River Jordan - Matthew 3:13-16
2. The Wedding at Cana, when Christ manifested Himself - John 2:1-11
3. The Proclamation of the Kingdom of God - Mark 1:14-15
4. The Transfiguration of Our Lord - Matthew 17:1-8
5. The Last Supper, when Our Lord gave us the Holy Eucharist - Matthew 26

The Sorrowful Mysteries

(Said on Tuesdays and Fridays and the Sundays of Lent)

1. The Agony of Christ in the Garden- Matt 26:36-41
2. The Scourging of Christ at the Pillar- Jn 19:1
3. The Crowning of Jesus with Thorns - Matt 27:24-30
4. The Carrying of the Cross by Jesus - Luke 23:26
5. The Crucifixion and Death of Our Lord - Lk 23 & Jn 19

Glorious Mysteries

(Said on Wednesdays and Saturdays and the Sundays from Easter until Advent)

1. The Resurrection of Our Lord - Matt 28
2. The Ascension of Our Lord - Lk 24 & Mark 16:19
3. The Descent of the Holy Spirit - Acts 2
4. The Assumption of the Virgin Mary - Rev 11 & 12
5. The Coronation of the Virgin Mary - Rev 11 & 12

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead. He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. **I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.**

Our Father

Our father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. **Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.**

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

The Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your Mercy.

After the Rosary:

HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.